

## ASSOCIATE OF SCIENCE PHYSICAL EDUCATION EMPHASIS

The Associate of Science degree, with an emphasis in physical education, is articulated with Eastern Oregon University's Department of Health and Physical Education leading to a baccalaureate in Physical Education. This program has two goals: to prepare students for entry into the health and fitness industry upon completion of the Associate of Science, and to serve as a foundation for further study in the academic discipline, leading to a bachelor's degree and beyond.

The Associate of Science degree with an emphasis in physical education at Southwestern also meets all requirements for the AA/OT, so no additional courses outside of the degree need to be taken in order for a student to meet both degree requirements. When applying for graduation at Southwestern two separate degree applications must be submitted for the Associate of Science and the Associate of Art Oregon Transfer.

### GRADUATION REQUIREMENTS

Students must complete a minimum of 90 credit hours with a minimum Grade Point Average (GPA) of 2.0 (C) average or better. All courses in this program must be completed with a 'C' or better. Thirty (30) of the last 45 credits must be earned at Southwestern before the Associate of Science degree is awarded.

Courses that are developmental in nature, designed to prepare students for college transfer courses, are not applicable to this degree.

Complete the graduation application process one term prior to the term of completion (i.e., spring term graduates must apply during winter term).



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PREREQUISITES						
	<b>MTH95 (4)</b> Intermediate Algebra I (or placement test score)	Reading Score of ASSET39 COMPASS69	<b>WR90 (3)</b> Paragraph Fundamentals (or placement test score)			
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<b>FALL = 13 CREDITS</b>	<b>PE131 (3)</b> Introduction to Health and PE	<b>SP100 (3)</b> Basic Speech Communications	<b>WR121 (3)</b> English Composition	<b>CHEM 110 (4)</b> Foundations of General, Organic & Biochemistry <sup>1</sup>		
<b>WINTER = 16 CREDITS</b>	<b>SOC208 (3)</b> Sociology of Sport	<b>MTH111 (4)</b> College Algebra (or higher)	<b>WR122 (3)</b> English Composition	<b>(3)</b> Specific Elective <sup>3</sup>	<b>(3)</b> Specific Elective <sup>3</sup>	
<b>SPRING = 15 CREDITS</b>	<b>PE210 (3)</b> Theory of Coaching	<b>(3)</b> Arts and Letters Course <sup>2</sup>	<b>WR123 (3)</b> English Composition	<b>(3)</b> Specific Elective <sup>3</sup>	<b>(3)</b> Specific Elective <sup>3</sup>	

### 44 CREDITS = FIRST YEAR TOTAL

<b>FALL = 16 CREDITS</b>	<b>BI231 (4)</b> Anatomy and Physiology I	<b>PE231 (3)</b> Wellness for Life	<b>(3)</b> Arts and Letters Course <sup>2</sup>	<b>(3)</b> Social Sciences <sup>2</sup>	<b>(3)</b> Specific Elective <sup>3</sup>	
<b>WINTER = 16 CREDITS</b>	<b>BI232 (4)</b> Anatomy and Physiology II	<b>HE250 (3)</b> Personal Health	<b>(3)</b> Arts and Letters Course <sup>2</sup>	<b>(3)</b> Social Sciences <sup>2</sup>	<b>(3)</b> Specific Elective <sup>3</sup>	
<b>SPRING = 16 CREDITS</b>	<b>BI233 (4)</b> Anatomy and Physiology III	<b>HE252 (3)</b> First Aid & CPR for Professional Rescuer	<b>(3)</b> Social Sciences <sup>2</sup>	<b>(3)</b> Specific Elective <sup>3</sup>	<b>(3)</b> Specific Elective <sup>3</sup>	

### 48 CREDITS = SECOND YEAR TOTAL

### 92 CREDITS = TOTAL RECOMMENDED PROGRAM CREDITS

#### PROGRAM NOTES

<sup>1</sup>BI101 or BI201 may be substituted for CHEM110. CHEM110 will be required for students applying to receive an AA/OT.

<sup>2</sup>Refer to Associate of Science Degree Requirements, page 21.

One course must be taken to meet the Cultural Literacy requirement for students applying to receive the AA/OT.

<sup>3</sup>Specific Electives may be selected from: PE131 Introduction to Health and Physical Education, PE261 Techniques of Athletic Taping and Bracing, PE262 Development of Adult Fitness Programs,

PET264 Concepts of Individual Fitness, PET267 Group Fitness Concepts, PE280P Practicum: Physical Education/Allied Health, MTH211/212/213 Fundamentals of Elementary Mathematics I/II/III.