



Southwestern Oregon Community College

Men's Track & Field Records

100 Meters	Chris Belliston	10.7	2001	Eugene, OR
200 Meters	Tim Varga	21.1	1986	Spokane, WA
400 Meters	Marcus Whitehead	47.73	2004	Spokane, WA
800 Meters	Andy Kore	1:54.3	1985	Salem, OR
1500 Meters	Andy Kore	3:49.8	1985	Roseburg, OR
5000 Meters	Andy Kore	14:13.8	1985	Eugene, OR
10000 Meters	Ed Jassman	31:43.0	1985	Eugene, OR
100 Hurdles	Rich Marineau	14.4	1973	Oregon City, OR
400 I M Hurdles	J.C. Dixon	52.8	1974	Houston, TX
Steeplechase	Ron Durham	9:32.2	1976	Oregon City, OR
4X100 Relay	David Turpin William Baldwin Chris Birchard Chris Belliston	41.91	2002	Oregon City, OR
Sprint Medely	Rich Kroeger Glenn Wheadon Steve Flores Bob Foster	3:30.4	1981	Gresham, OR
4X400 Relay	Deon Credle Josh Mullins Ian Vickery Marcus Whitehead	3:19.21	2004	Spokane, WA
800 Meter Relay	Darrell Odom Steve Flores Glenn Wheadon Sam Dendauw	1:30.7	1981	Gresham, OR
Shot Put	Greg Thornton	50'7"	2002	Gresham, OR
Discus	Kelly Picknell	157'7"	1980	Albany, OR
Javelin	Mike Duffell	197'6" (New Rule)	2002	Gresham, OR
	Mike Brooks	217'8" (Old Rule)	1981	Coos Bay, OR
Long Jump	Rich Kroeger	24'6 1/2"	1983	Pendleton, OR
Triple Jump	Mike Clausell	47' 11 1/2"	1995	Monmouth, OR
High Jump	Todd Post	6'10"	1983	Eugene, OR
Hammer	Greg Thornton	160'11"	2003	Oregon City, OR
Pole Vault	Seth Cordell	15'9"	2007	Gresham, OR
Decathlon	David Turpin	6220 Pts	2002	Eugene, OR
Marathon	Bob Jones	2:36.37	1980	Seaside, OR
Most pts in Dual Meet	David Turpin	70	2002	Salem, OR