

FALL TERM STARTS SEPT. 15, 2025

COLLEGE NEWS AND COMMUNITY CLASSES



# A smile brightens every face

Imagine a career spent helping others smile with confidence. It's more than rewarding; it's life-changing. As a Dental Assistant, you'll be working in a rewarding career and improving people's health and lives.

# Why consider a career in Dental Assisting?

The newly reinvigorated Dental Assisting program at Southwestern serves as a vital asset to our region, preparing skilled professionals to meet local healthcare needs. In a community facing dental workforce shortages, SWOCC's program provides essential training — such as chairside assistance, sterilization techniques, radiology certification, and administrative support — that enables graduates to seamlessly join dental offices in our region. In fact, of the six students in last year's cohort, five have joined local dental offices — either on-site at their externship locations or at other dental facilities. Given the demand for qualified staff and the difficulty offices report in recruitment, every cohort of dental assistants significantly bolsters access to oral healthcare in our rural communities.

Statewide data underscores the value of such training: in Oregon, employment of dental assistants is projected to grow by roughly 13%



from 2022 to 2032, with more than 800 annual job openings expected across the state.

Graduates can earn a good wage too. In Oregon, average hourly wages for dental assistants hover around \$29.00/hour (\$49,370/year in Portland metro area), while median salaries statewide are approximately \$54,000 annually, with top earners making over \$63,000/year. These wages support local families, offering financial stability and a better quality of life.

Through practical, hands-on training SWOCC equips students with the skills they need to step directly into high-demand dental assisting roles — helping staff local clinics, improve access to care, and build long-term careers that support the region's overall health and workforce

TO LEARN MORE:
Text or call 541-240-8227
SWOCCbound@socc.edu

Photos by Melody Hardin

stability.

## Introducing our instructors . . .

## Nicole Little (Storbeck)

Adjunct Faculty, Dental Assisting

"SWOCC is a prime example of how access to higher education in rural areas improves the lives of its community members and beyond. I can attest to this firsthand. I attended the dental assisting program myself



and it was an affordable opportunity that gave me an amazing career. Dental assisting is an incredible opportunity for those who seek a career that allows variety and lifelong growth. My goal for this year and beyond is to increase the number of students in the program and help as many people as I can start their careers. There are a lot of career opportunities for students right here locally. Dental offices in our area are frequently seeking to hire."

## **Melody Hardin**

Expanded Functions Dental Assistant

"I'm excited to welcome a new group of students into an often misunderstood industry. Dentistry sometimes carries a stigma and being able to guide future

assistants through not just the skills, but also the "why" behind what we do, is powerful. Watching them grow, from hesitant learners to confident professionals, is the most fulfilling part of what I do."



## Lori Lemire, DMD

Retired Coos Bay Dentist "I'm looking forward to assisting in the education of a new cohort of students. I thoroughly enjoyed working with the students last year! They were eager to learn and motivated to work in dentistry - a

career field I'm very passionate about."

# Where are we now?



## **Teaching** With Heart: How one SWOCC grad inspires the next generation

As classrooms across the South Coast welcome students back this fall, North Bay Elementary's Hope Huntley will be right there among them - beginning her 16th year as an elementary school teacher. And for her,

every first day of school is more than just tradition, it's a full-circle moment.

"I always knew I wanted to be a teacher," Hope says. "SWOCC helped guide me into the profession with support and knowledge."

A 2004 graduate of North Bend High School, Hope started her college journey at Western Oregon University. Like many students, she quickly realized she needed something closer to home. She returned to Coos Bay and enrolled at SWOCC in the winter of 2005, where she found both direction and a community that believed

"SWOCC was very inviting for me as a young person," she reflects. "The professors were welcoming and worked hard to make sure I was successful in every way."

## SWOCC Alum making a difference!

Hope earned her associate degree and Child & Family Studies certificate from SWOCC in 2007, and lost her father shortly thereafter. She recalls SWOCC staff supporting her through that life-changing experience in many ways — making her realize being in Coos Bay was a positive choice for her moving forward.

Hope was able to continue her studies through Eastern Oregon University where she graduated with her bachelor's in 2010. She began teaching that summer and has since taught first through fourth grade in both Coos Bay and North Bend schools.

Today, she teaches third grade at North Bay Elementary, where she also mentors students, helps lead professional learning, and coaches T-ball for the North Bend Independent Baseball Program. But what keeps her going isn't just curriculum — it's community.

"I love my job, and the true joy is watching your former students walk at graduation. It's the best gift you could give a teacher."

She has since earned her master's degree in education, taking hybrid classes at SWOCC during the summers.

"Because of SWOCC I was able to find myself and become the best version of myself. I am able to give back to my community every day by teaching and guiding students to success stories like mine.'

As she looks ahead, Hope's goals are simple: to grow as an educator, be the best mom, wife, and friend she can be, and keep showing up for the community that helped shape her.

"SWOCC isn't just a place to get a degree," she says. "It's a place to grow into who you're meant to be."







If you are 18 or over, have a state-issued I.D., are legal to work in the U.S., and have applied for the FAFSA, you could be eligible for up to \$6,000 in tuition help for these programs:

## **CERTIFICATES**

- Accounting Clerk and Entry-Level Accounting Clerk
- · Baking and Pastry Arts
- Childhood Education and Family Studies, Preschool Children, Education and Development I and II
- · Culinary Arts
- Dental Assisting
- · Emergency Medical Services Technician I
- · Emergency Medical Technology
- Forest Technology
- · Geographic Information Systems
- Marketing
- · Medical Assistant
- · Pharmacy Technician
- · Retail Management, Less Than One Year Certificate
- Supervision
- · Welding / Welding Assistant / Welding Technician

## **ASSOCIATE OF APPLIED SCIENCE DEGREES**

- Nursing (2nd year only)
- · Paramedicine (2nd year only)
- · Welding (2nd year only)

## FOR MORE INFORMATION:

Contact Philip Metz 541-888-7153 philip.metz@socc.edu



## Rev up your career!

Ready to work with powerful machines and start a rewarding career? Our program offers you the hands-on training you need to succeed in the diesel repair industry.

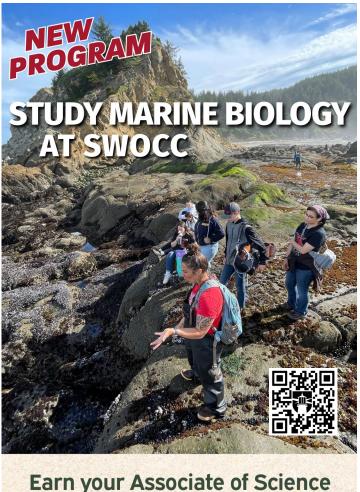
Our comprehensive curriculum covers essential engine and truck maintenance and repair, ensuring you develop the skills employers are looking for. With a blend of short-term certificates and advanced certifications, you'll be ready to tackle challenges in a variety of industries.

Scholarships available through the SWOCC Foundation.



Text or call 541-240-8227 SWOCCbound@socc.edu

www.socc.edu/dieselmechanic



degree in Marine Biology at Southwestern and then transfer to University of Oregon's **Oregon Institute of Marine Biology** (in Charleston) as a Junior!

> LEARN MORE AT: WWW.SOCC.EDU/MARINEBIOLOGY





**TRIO Student Support Services provides FREE** services including:

- Tutoring Advising Transfer Planning
- Career Counseling Private Study Area
- Financial Aid/Scholarship Assistance

www.socc.edu/trio 541-888-7419





# Workforce & Job Trainings

## **COOS CAMPUS**

To register: Call 541-888-7352 • Email firststop@socc.edu • Visit our office in Stensland Hall

# Maritime Training

For a complete list of maritime trainings offered by



Columbia Pacific Maritime Visit: https://colpacmaritime.com/

All classes take place at 2140 Newmark Ave, Coos Bay

### MARI 0281 EXPERT 100-TON

This ten-day class will satisfy the exam requirements for the Master 100-ton or the OUPV 6-pack license. The Master is required to operate charter boats and other vessels carrying more than passengers. include Subjects seamanship, navigation, 'Rules of the Road,' and the federal regulations for both inspected and uninspected passenger vessels. This also includes the OUPV

10-days / \$1,300 MARI 0281 65 Sept 29-Oct 10 MARI 0281 66 Oct 27-Nov 7 MARI 0281 67 Dec 1-12

## MARI 0033 APPRENTICE MATE OF TOWING

The scope of this course is to provide instruction in and evaluation of the rules and regulations for towing vessels and barges, and towing vessel terminology, hazards, and safety. This course is open to all mariners who either hold a license as Master not more than 200 tons, Apprentice Mate (Steersman), Mate (Pilot) of Towing; OR have satisfied the examination requirements for Master 200 tons within one year of completion of this course.

Two days, Thursday and Friday / \$500 MARI 0233 65 Oct 16-17 MARI 0233 66 Nov 13-14 MARI 0233 67 Dec 18-19

## **MARI 0527 UPGRADE 100 TO 200 TON**

The scope of this class is to provide instruction and assessment in the subjects of navigation general, deck general, safety, and environmental protection as appropriate for the upgrading of an MMC National Officer Endorsement Master not more than 100 GRT to Master or Mate not more than 200 GRT Near Coastal. Upon successful completion of this upgrade class the mariner will have the knowledge of navigation, seamanship, and federal regulations necessary to accept the responsibility for the safety of vessels less than 200 GRT on near coastal routes, including its cargo and passengers; be aware of the obligations under federal regulations concerning safety and protection of the marine environment; and be able to take the practical measures necessary to meet those obligations.

Three days, Monday through Wednesday / \$700 MARI 0527 65 Oct 13-15 MARI 0527 66 Nov 10-12 MARI 0527 67 Dec 15-17

# Job Training

# IND 4100 65 TRAFFIC CONTROL FLAGGER CERTIFICATION

This training is an ODOT-approved, safety training course covering the requirements for flaggers and approved techniques for moving traffic cautiously and consistently through work zones. For ages 18 and over. Class books are included. Receive necessary credentials for employment upon successful completion.

Instructor: Michelle Holifield

Day: Tue 9/23, 10/14, 11/18, 12/16 Time: 8:30am-12:30pm Location: Eden 1 Cost: \$139

# IND 4100 68 TRAFFIC CONTROL FLAGGER CERTIFICATION – ONLINE

Instructor: Michelle Holifield

Location: Zoom/Canvas Cost: \$145

class.

# RE 0100 65 REAL ESTATE BROKER LICENSE COURSE

This accelerated course prepares you to qualify for the Oregon Real Estate Broker's License Exam in just ten weeks. It is a hybrid course, combining live lectures with the 150-hour on-line home study to meet the Oregon Real Estate Agency (OREA) requirements. The course and instructor are certified by the OREA.

For more information call Stacey Harrison at 503-551-4467 or email: stacey@sts.careers.

Location: Zoom Cost: \$695

First Tuesday Class: September 30, 2025, 6-9pm
One Saturday class: December 6, 2025, 9-5pm
Last Tuesday Class: December 2, 2025, 6-9pm

## **RE 0177 65 PROPERTY MANAGEMENT**

Get prepared to take the State of Oregon Property Manager License Exam. This course is the fastest way to qualify to take the exam which covers the role of property managers, tenant relations, fair housing, lease agreements and more. You must attend all evening class sessions and have online capacity to complete the self-study portion of this course.

Taught by an experienced Property Manager. For information call 503-551-4467 or email: stacey@sts.careers.

All materials provided.

Location: Zoom Cost: \$629

Time: 6:00pm-8:00pm

• First Tuesday Class: October 7, 2025

• No class on November 11, 2025 - Veterans Day

· Last Tuesday Class: November 25, 2025

## **EMS 153 01 ACCELERATED EMT**

Start your career as Emergency Medical Technician (EMT) through Southwestern's accelerated program. Train for a fastpaced, versatile career in just one Students term. must submit an application through myLakerLink our portal. Course is 12 credits and allows students, after successful completion, to sit for the EMT certification exam.

Day: Mon-Thur Time: 6:00pm-9:20pm Location: Sumner 10 Cost: \$2,387

# CHILDCARE PROVIDER TRAININGS

Offered through Southwestern's CARE Connections Childcare Resource & Referral

For more information and to register call 541-888-7957.

Classes are now being offered at no cost online:

- Department of Human Services Childcare Provider Orientation
- Family Childcare Provider Overview
- Recognizing & Reporting Child Abuse & Neglect
- Introduction to Childcare Health and Safety



# Community Classes

Southwestern's Community Education offers lifelong learning and personal enrichment opportunities to the community. Non-credit classes are provided by qualified instructors from our community. Course and section numbers are located before course title. Fall term classes are 11 weeks long from Sept. 15, 2025 to Nov. 26, 2025 unless otherwise indicated by a date(s).

## COOS CAMPUS COMMUNITY CLASSES • REGISTRATION OPENS AUGUST 21

To register: Call 541-888-7352 • Email firststop@socc.edu • Visit our office in Stensland Hall

## Art

## ART 0257 65 CERAMICS: HAND-BUILDING BASICS

For beginning and intermediate potters. Beginning potters create works of art through demonstrated and supervised basic hand building techniques that support exploration in a studio setting covering the process of working with clay – designing, curing, finishing and firing.

Instructor: Annie Pollard

Location: Eden 5 Cost: \$129 Day: Tue Time: 6:00pm-9:00pm

#### ART 0146 65 SCRIBBLE ART & SKETCHBOOKS

This seven-week course blends expressive scribble art with guided sketchbook adventures. Students will explore famous artists, experiment with mark-making and composition, and build a personal sketchbook practice rooted in intuition, curiosity, and play.

Instructor: Shinan Barclay

Location: Eden 7 Cost: \$70 Day: Tue Time: 5:30pm-7:20pm

## Fitness & Recreation

## PE 0503 65 PILATES® EXERCISE

Pilates® is a body-conditioning routine that helps build flexibility, muscle strength, and endurance in the legs, abdominals, arms, hips, and back. It puts emphasis on spinal and pelvic alignment, breathing, and developing a strong core, as well as improving coordination and balance.

Instructor: Melissa Loudenbeck

Location: Rec Center 121 Cost: \$105 Days: Tue, Thur Time: 12:00pm-12:50pm

## PE 0505 01 TURBO KICK

Turbo Kick is a combination of intense kickboxing moves, as well as a unique blend of intense interval strength and endurance training all perfectly choreographed to high-energy and motivating music. Turbo Kick requires no previous kickboxing experience or equipment. Instructor: Melissa Loudenbeck Location: Rec Center 121 Cost: \$105 Days: Mon, Wed Time: 5:30pm-6:20pm

## PE 0507 65 YOGA – BEGINNING

Stay in yoga practice for flexibility, strength, balance. Safe, gentle class, keeping awareness on breath, releasing while stress and tension. Yoga mats, yoga blocks, yoga straps, and foam rollers are not provided. Patrons may bring their own for use.

Instructor: Linda Laverty Location: Rec Center 125 Day: Mon & Wed

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Cost: \$60

Time: 1:00pm-2:15pm

## PE 0244 65 LEARN TO PLAY DISC GOLF

This four-session course will teach participants basic skills for playing disc golf. Participants will be provided three discs to practice with and keep (included in the fee), while learning how to achieve the lowest scores possible for their ability. The course will be led by Derek Tonn, a SWOCC employee and Ambassador with DGA Disc Golf in California (www.discgolf.com) since 2018.

Location: Soccer Field Cost: \$125 Days: Sat 9/20,9/27,10/4,10/11 Times: 10:00am-12:00pm

Includes \$50 fee for discs

### PE 0509 65 ZUMBA®

Zumba® Fitness is a global brand that fuses fitness, entertainment and culture into an addictive dance-fitness class. Zumba® utilizes the principles of fitness, interval training, and resistance training to maximize caloric output, fat burning, and total body toning. It's a way of mixing body sculpting movements with easy-to-follow dance steps. Inspired by Latin dance and music, Zumba® uses a variety of Latin styles in its routines, including cumbia, merengue, salsa, and reggaeton, as well as American styles like swing and hip hop.

Instructor: Tina Woodworth Location: Rec Center 131

Location: Rec Center 131 Cost: \$50 Days: Wed Time: 5:30pm-6:20pm

# Community Classes

## COOS CAMPUS COMMUNITY CLASSES ● REGISTRATION OPENS AUGUST 21

#### PE 0525 65 POUND FITNESS

Rock-Out while you Work-Out!! POUND is a full-body cardio session, combining light resistance strength training with constant simulated drumming. Through continual upper body motion using lightly weighted drumsticks, you'll turn into a calorie-torching drummer! Rock, rap, dubstep, pop and old school music fuse to create the POUND track series. The POUND workout fuses cardio, isometric movements, plyometrics and isometric poses with pulse-racing, sweat-inducing drumming. Drum your way to a leaner, stronger physique – all while rocking out to your favorite music!

Instructor: Melissa Loudenbeck

Location: Rec Center 121 Cost: \$85
Day: Tue Time: 5:30pm-6:30pm

# **Special Interest**

# G 025DB 65 REGIONAL GEOLOGY – DEPOE BAY FIELD TRIP

A lecture in the field to highlight the significant geologic features along the Oregon Coast with stops focused between Florence and Depoe Bay. Some of the highlights are stops at: Devil's Churn, mollusk fossils at Beverly Cape Beach, Foulweather. Devil's Punchbowl,

Pillow Basalts at
Depoe Bay and more.
The course consists of

a field trip arranged to illus-

trate the geologic setting, stratig-

raphy and structure, topography, age and origin, significant events through geologic time, and special features unique to the region. Also offered as G145DB 01 for 1 credit.

Instructor: Ron Metzger

Location: Itinerary and details in Canvas and sent via email Cost: \$60 (includes transportation; please bring a lunch)
Date: Saturday, October 4, 2025 Time: 7:30 am – 5:30 pm

## DRIV 0620 65 AARP SMART DRIVER COURSE

This course offers you the opportunity to learn how to drive more efficiently and safely. It contains up-to-date information about changes over time in ourselves, our vehicles, and our roads. The content of this course can help boost safety awareness, refresh and improve driving skills, minimize crash risk, increase confidence, prolong mobility and maintain

long mobility, and maintain independence. Completion of this

one-day six-hour driving refresher course can yield discounted auto insurance premiums. Bring your lunch, we will take a 30-minute break. To register call 541-305-6454.

Instructor: Ginny Carpenter Location: Newmark 201

Day: Tue 10/14/25 Time: 9:15am-4:00pm Cost: AARP members \$20, non-members \$25, check or cash payable to AARP at the class. Bring your AARP card and driver's license.

# DRIV 0622 65 BASIC MOTORCYCLE RIDER TRAINING

Basic Rider Training is a 15-hour (three-day) course for novice riders to build fundamental street-riding skills and strategies. Training motorcycles and helmets are provided. For individuals with no riding experience, this is the recommended course. Registration must take place prior to the date of the class at http://team-oregon.org. Instructor: Michael Heinen Location: Newmark 201 Cost: \$229

Days: Fri 9/19 6pm-8:30pm; Sat 9/20 8am-3:30pm;

Sun 9/21 8am-3:30pm

## DRIV 0623 65 INTERMEDIATE MOTORCYCLE RIDER TRAINING

Intermediate Rider Training is an eight-hour (one-day) course for riders who already know how to get underway, turn, shift and stop a motorcycle or scooter while strengthening fundamental street-riding skills. Training motorcycles and helmets are provided. Registration must take place prior to the date of the class at http://team-oregon.org.

Instructor: Michael Heinen

Location: Newmark 201 Cost: \$199 Day: Sat 9/20 Time: 8:00am-5:00pm

## COOS CAMPUS COMMUNITY CLASSES ● REGISTRATION OPENS AUGUST 21

## WR 0100 65 WRITING YOUR AUTOBIOGRAPHY/ MEMOIR

Elements of autobiography/memoir are presented, discussed, and practiced in writing short stories from your life. Reading short excerpts from published works expands understanding of these elements. The class is a supportive and positive writing group, helping each other develop stories while learning and laughing.

Instructor: Sally Harrold

Location: Zoom Cost: \$105 Day: Tue Time: 11:30am-1:50pm

### MUP 0105 65 COMMUNITY CHOIR

The SWOCC Community Choir provides an opportunity for singers of all levels to participate in a musically rich, and socially engaging choral ensemble. The Community Choir will focus on providing a safe and stimulating environment for people of all backgrounds to learn, practice, and perform quality choral literature in a large group setting. Focus will be placed on healthy vocal production, musically inspiring performance, strong social connections, and effectively working with others. A wide variety of musical styles will be explored, and participants will present a concert performance at the end of each term. This is a non-auditioned ensemble, but the ability to match pitch is requested.

Instructor: Ken Graber Location: Sunset 2

#-PHILOSOPHY

PHILO

DEATHBOUND SUBJECTIVES

Biophilosophy

Symposium

ETHICS WITH ARISTOTLE

Location: Sunset 2 Cost: \$30 Day: Mon Time: 6:00pm-8:00pm

# PHL 0844 65 PLAYING WITH PHILOSOPHY

We will play around with common idioms that include the word "play" as a way to introduce philosophical concepts while we play games, play films, and play music, and even read a play. Instructor: Pete

Hodges Location: Eden 1

Cost: \$75 Days: Wed 9/17-10/8 Time: 12:00-2:00pm

#### **BOT 0221 65 FUNGAL ECOLOGY**

From the forest to the classroom, you will learn to identify common mushrooms in Western Oregon. The main objective

is to provide you with a broad overview of this kingdom of organisms. You will be part of robust classroom discussions to learn about fungal diversity, the role of fungi in decomposition, and other roles in the forest and across bioregions. Participate in field trips to learn to identify, harvest, and prepare wild mushrooms, followed with lab identification techniques and an opportunity to taste the culinary value of our region's wild mushrooms.

Instructor: Maria Farinacci Location: Coaledo 10

Day: Lecture (5) every other Wednesday 9/24-11/12

Time: 5:30pm-7:20pm

Day: Field Trip (4) every other Friday 10/3-11/14

Time: 10:30am-4:00pm

# FIND A COMPLETE LIST OF COMMUNITY CLASSES FOR BOTH CAMPUSES AT: www.socc.edu/community

Including changes, additions, and updates.



Cost: \$219



## **Southwestern's Small Business Development Center**

## **STARTING/OPERATING A BUSINESS?**

Get to Know our Economic Development Team on the South Coast





Southwestern Oregon SBDC https://oregonsbdc.org/center/southwestern-sbdc/



Andrew Burgmeier, Worksource Oregon; Lexie Woodward, South Coast Development Council; Christopher Frazier, Business Oregon; Natasha Garrison, SOWIB; Rosey Thomas, Bay Area Chamber of Commerce; Derek Tonn, SBDC; Michele Laird, CCD Business Development Corporation

Our Small Business Development Center serves all of Coos County, all of Curry County, and coastal Douglas County. We couldn't do what we do without our partners, each of whom provide services that our Center's clients often need in addition to our confidential business advising services and non-credit workshop offerings:

## **South Coast Development Council**

(https://scdcinc.org/), is our neighbor in the Newmark Center at SWOCC's Coos Bay campus. SCDC helps with business recruitment/retention with traded sector businesses, and has taken responsibility for opening our business incubator in Coos Bay. SWOCC and the SBDC have helped make that dream a reality, and the business incubator is now operating at full capacity.

## **CCD Business Development Corporation**

(https://www.ccdbusiness.org/) is our Center's right-hand when it comes to advising clients accessing capital for their businesses. CCD is also our region's resource for providing advising services to non-profit organizations (since our SBDC concentrates its efforts serving forprofit start-ups and existing for-profit businesses).

**Oregon APEX** (https://www.orapexaccelerator.org/) Additionally at the Newmark Center we have the wonderful services of Oregon APEX for businesses looking for help doing business with local, state or federal government agencies.

We've also welcomed our Regional Development Officer from **Business Oregon** (https://www.oregon.gov/biz/aboutus/regions/pages/default.aspx), along with **Blue Earth Federal Corporation** (https://www.blue-earth.us/), the economic development engine of the Confederated Tribes of Coos, Lower Umpqua, and Siuslaw Indians, into the Newmark Center in the past year.

## **Southwestern Oregon Workforce Investment Board**

(https://www.sowib.org/) is another important partner who helps companies find and train employees. And we have expanded relationships with others such as regional city officials, county commissioners, Chambers of Commerce, and other associates.

Collaboratively, we operate as a regional economic development resource. Small businesses, whether a start-up or an ongoing enterprise, can benefit from the assistance offered by our entire regional economic development team.

## If you're interested in One-On-One Business Advising contact us:

Derek Tonn, Director SBDC | 541-888-7297 | derek.tonn@socc.edu Gayle Goldstone, Curry Campus Advisor | 541-813-1674 | gayle.goldstone@socc.edu

# Curry Campus

# JOB TRAINING & COMMUNITY CLASSES

To register: Call 541-813-1667 ● Email curryfirststop@socc.edu ● Visit us on the Curry Campus

Southwestern's Community Education offers lifelong learning and personal enrichment opportunities to the community. Noncredit classes are provided by qualified instructors from our community. Course and section numbers are located before course title. Fall term classes are 11 weeks long from Sept. 15, 2025 to Nov. 26, 2025 unless otherwise indicated by a date(s).

For a complete list of degrees available at the Curry Campus go to www.socc.edu/curry and click on Degrees & Certificates.



## JOB TRAINING

#### **ENTRY-LEVEL BOOKKEEPING CERTIFICATE**

Complete three classes and an internship to earn an entry-level bookkeeping certificate. These classes prepare people for positions that require basic bookkeeping skills and provide a basic understanding of accounting principles and procedures, spreadsheets and QuickBooks accounting software. Upon completion of this certificate, students will be ready to take the first level of QuickBooks certification. Contact the Student Success Center at 541-813-1667 or CurryFirstStop@socc.edu to make an appointment to talk to an advisor and learn more about this certificate.

## HE 0533 99 AHA BLS HEALTHCARE PROVIDER

This basic life support course teaches healthcare professionals how to perform CPR on victims of all ages, as well as other lifesaving skills, in a wide variety of in-hospital and out-of-hospital settings. American Heart Association cards will be issued upon successful completion of the course.

Instructor: Amber Espinoza

Location: Curry Campus 137A/B Cost: \$105 Day: Wed 10/15/25 Time: 9:00am-1:00pm

# IND 4100 99 TRAFFIC CONTROL FLAGGER CERTIFICATION

This training is an ODOT-approved safety training course covering the requirements for flaggers and approved techniques for moving traffic cautiously and consistently through work zones. For ages 18 and over. Class book is included. Receive necessary credentials for employment upon successful completion.

Instructor: Michelle Holifield

Location: Curry Campus 137A/B Cost: \$139

Day: Fri 9/12/25 Time: 9:00am-1:00pm

## HE 0509 99 STANDARD FIRST AID & CPR/AED

This course follows the International Liaison Committee on Resuscitation (ILCOR) standards, and OSHA requirements to prepare the student with knowledge, skills, and techniques necessary to recognize and provide care in first aid, respiratory, and cardiac emergencies using the latest CPR and emergency cardiac care guidelines. Students learn how to perform rescue breathing and CPR, how to use personal protective equipment, how to use an Epinephrine Auto-Injector, and how to operate an Automated External Defibrillator (AED). CPR/AED and First Aid certification is given upon completion of course requirements. This is a stand-alone training that will help you gain employment or maintain employment in fields where safety of others is paramount such as early childhood educators, exercise instructors, mariners, public safety/security, and others. Instruction provided on infant, child, and adults.

Instructor: Amber Espinoza

Location: Curry Campus 137A/B Cost: \$79 Day: Wed 9/24/25 Time: 9:00am-1:00pm

## CHILDCARE PROVIDER TRAININGS

Offered through Southwestern's CARE Connections Childcare Resource & Referral

Classes available at no cost online or in-person and help prepare individuals to become licensed, or ERDC Listing in-home childcare providers. Orientation Part 1 for both trainings is offered online at the Oregon Center for Career Development at occd.educadium.com.

Introduction to Registered Family Child Care – Part 2 (licensing training) and ERDC Child Care Provider – Part 2 (accepting state pay) are scheduled monthly in Curry County and on Zoom.

For more information and the current schedule, please call 541-888-7957 or email qualitychildcare@socc.edu.

## CURRY CAMPUS COMMUNITY CLASSES • REGISTRATION OPENS AUGUST 21

## **Fitness**

## PE 0502 99 BETTER BONES AND BALANCE®

Better Bones and Balance® is an exercise program that was developed and tested by researchers at Oregon State University. This program targets strength and balance through key exercises shown to reduce the risk of falls and fractures and is suitable for ambulatory individuals who are at beginner and intermediate exercise levels.

Instructor: Lisa Reed

Location: Langlois Lions Club Cost: \$89 Day: Mon, Fri Time: 9:00am-10:20am

## PE 0570 99 LOW-IMPACT AEROBICS

This class uses easy-to-follow dance steps and rhythmic movements that are choreographed to upbeat music. It's a fun way to get moving while improving your cardiovascular system, muscle strength, flexibility, balance, and boost your overall fitness level. This is a great class for active seniors no matter your level of fitness. Mats are not supplied and are needed for floor exercises.

Instructor: Mary Whitaker

Location: Curry Campus 138A/B Cost: \$63 Days: Tue, Thur 9/30/25-11/26/25 Time: 8:30am-9:45am

## PE 0504 99 TAI CHI

This course in Tai Chi is a gentle, relaxed, non-sweat, personal exercise (translated as the "Grand Ultimate") for any age. The 'Yang Form' will be taught along with 'Chi Gwa' (circulating breath) and 'Silk Cocoon Chen' (fine intertwining energy). This course is noncompetitive and will start with the basics, and then individuals will progress at their own rate.

Instructor: Deane McConnell

Location: Curry Campus 137A/B Cost: \$63 Day: Tue Time: 10:00am-11:20am

### PE 0504 98 TAI CHI

Location: Curry Campus 137A/B Cost: \$63 Day: Tue Time: 5:30pm-6:50pm

## PE 0506 99 YOGA FOR HEALTH

An introduction to the Hatha physical yoga. Includes the background, safety precautions, and value of yoga. Stretching postures, proper breathing techniques, and stress reduction are emphasized. This course will focus on the health and wellness aspects that are gained in making yoga an integral part of everyday life.

Instructor: Amanda Whittemore

Location: Curry Campus 138A/B Cost: \$88 Days: Wed, Fri Time: 8:30am-9:50am

Join us for a fun course focusing on sustainable vegetable production and organic practices for growing and sharing nutritious food. Students will gain hands-on experience with the proper selection and use of tools, production, harvesting, processing, and preparation of the variety of crops grown on the Southern Oregon Coast. Topics cover how to have a successful garden by building healthy soils, season extension techniques, proper pruning and planting times, and selection of seeds. Instructor: Amanda Whittemore

Special Interest

AG 0502 99 GARDENING THE SOUTH COAST

Location: Curry Campus 118 Cost: \$200 Time: 1:30pm-4:20pm Days: Tue

## ART 0115 99 FUSED GLASS BASICS

Experience is the best gift. Bring a friend and share

an afternoon creating a beautiful piece of art.

Glass fusing is the process of joining compatible sheet glasses together then heating them in a kiln until the glass fuses or melts together. It grants you the power to create colorful, dynamic works of glass art that are completely unique. Fused glass is used to fabricate plates, tiles,

bowls, jewelry, wall hangings, and other artistic creations. This class teaches the basics of fusing glass while creating a bird, flower or Christmas tree using glass shards. We will cover an overview of the art, cutting glass, and safety while creating a design with glass to be contour fused. Cost includes materials and supplies. Class meets both days.

Instructor: Rosa Little

Location: Curry Campus 118 Cost: \$120 Day: Fri 11/7/25 Time: 3:00pm-5:50pm Fri 12/5/25 Time: 4:00pm-4:50pm

### **ART\*0145 99 DRAWING FUNDAMENTALS**

This is a drawing fundamentals course designed to introduce students to a wide variety of mark-making techniques which will then be combined into a final composition in which these techniques will create a textured multi-dimensional drawing.

Instructor: Gary Christensen

Location: Curry Campus 138A/B Cost: \$90 Days: Mon, Wed Time: 1:00pm - 3:00pm

## CURRY CAMPUS COMMUNITY CLASSES • REGISTRATION OPENS AUGUST 21

## **ASL 0501 99 AMERICAN SIGN LANGUAGE**

Introduces the natural, signed language of American deaf people. Includes instruction in proper sign formation, American Sign Language (ASL) grammar and vocabulary, expressive and receptive skills. Emphasis on the history of ASL, the deaf community in North America, and deaf education.

Instructor: Bi Farris

Location: Curry Campus 206 Cost: \$115 Days: Tue, Thur Time: 4:00pm-5:20pm

### **BA 0134 99 RETIREMENT INTELLIGENCE**

This is a virtual class held via Zoom designed to help individuals plan for retirement. What's your retirement dream? Learn how to put together a plan that will help you reach your goals. Class includes a workbook to help individuals create their own plan and a private coaching call. Pre-register by October 14.

Instructor: Jesse Coffee

Location: Virtual Zoom Cost: \$39

Days: Tue 10/21/25 & 10/28/25 Time: 6:00pm-7:30pm

### **BOT 0224 MUSHROOM IDENTIFICATION**

This course instructs students in the identification of local wild mushrooms; their basic characteristics; positive identification of edible and non-edible species; preparation for food; and methods of preserving will be stressed.

Instructor: Bob Burch Cost: \$55

### **BOT 0224 99 BROOKINGS**

Location: Curry Campus 137A/B

Day: Lecture Fri 11/14 Time: 6:00pm-8:50pm
Day: Field Trip Sat 11/15 Time: 9:00am-1:50pm

## **BOT 0224 98 PORT ORFORD**

Location: Port Orford American Legion Hall

Day: Lecture Sat 11/15 Time: 6:00pm-8:50pm
Day: Field Trip Sun 11/16 Time: 9:00am-1:50pm

### **DRIV 0620 99 AARP SMART DRIVER COURSE**

This course offers you the opportunity to learn how to drive more efficiently and safely. The course contains up-to-date information about changes over time in ourselves, our vehicles, and our roads. The content of this course can help boost safety awareness, refresh and improve driving skills, minimize crash risk, increase confidence, prolong mobility, and maintain independence. Completion of this one-day sixhour driving refresher course can yield discounted auto insurance premiums for individuals. To register call 541-469-6822. Instructor: Robert Pfenning

Location: Chetco Activity Center

Day: Fri 10/10/25 Time: 8:45am-4:30pm Cost: AARP members \$20, non-members \$25, check or cash is payable to AARP at the class. Pre-register by Oct. 9.

Bring your AARP card and drivers license.

## **DRIV 0620 98 AARP SMART DRIVER COURSE**

Instructor: Robert Pfenning Location: Chetco Activity Center

Day: Sat 10/11/25 Time: 8:45am-4:30pm Cost: AARP members \$20, non-members \$25, check or cash

is payable to AARP at the class. Pre-register by October 9.

Bring your AARP card and drivers license.

## HE 0591 99 MEDICARE 101

In this class students will learn about the four parts of Medicare: Medicare part A, B, C, and D. They will learn about the timelines surrounding Medicare enrollment and the policies. An in-depth presentation on Medicare Advantage Plans and Medicare Supplements will be provided. Students will leave the class with the tools to make informed decisions on what type of plan best fits their own, or a family member's needs.

Instructor: Becky Holm

Location: Curry Campus 137A/B Cost: Free Day: Mon 9/22/25 Time: 2:00pm-3:20pm

### HE 0591 98 MEDICARE 101

Instructor: Becky Holm

Location: Curry Campus 137A/B Cost: Free Day: Mon 11/17/25 Time: 2:00pm-3:20pm

# MISC 0371 UNDERSTANDING DOG BODY LANGUAGE CANINE TRAINING

Learn to understand your dog's behavior, including how to read dog body language signals. The difference between calming signals versus warning signs, and examples of each will be discussed. Understanding aggression, respecting dog language, and information on bite inhibition and bite scales will be covered. This course is designed to provide the owner/handler with the tools necessary to handle canines in a safe and controlled manner. Please leave dogs at home.

Instructor: Marina Berny

Location: Curry Campus 137A/B Cost: \$50 Days: Mon 10/6/25 Time: 5:00-7:20pm

# SBDC 0590 99 LEARN BY DOING: TIME MANAGEMENT

Time is your most valuable asset and is the "great equalizer" - everyone has 24 hours in a day. Planning what you do with it makes every minute count. Take control of your schedule, reduce stress, and achieve more with less effort. Presented by Gayle Goldstone, Small Business Development Center Business Advisor.

Instructor: Gayle Goldstone

Location: Curry Campus 137A/B Cost: \$40 Days: Tue 9/9/25 & 9/23/25 Time: 3:00-5:00pm

## CURRY CAMPUS COMMUNITY CLASSES • REGISTRATION OPENS AUGUST 21

## Writing

## WR 0100 99 WRITING YOUR AUTOBIOGRAPHY

Who better to tell your story than YOU? Come and learn how our memories are mountains of rich content ready to be mined for autobiographical treasure. The act of re-discovering vital experiences within our own personal histories, then arranging them into a written story, is autobiographical writing - an evocative nonfiction genre with a robust tradition in American literature. In this course, we will read short selections by celebrated memoirists, paying special attention to tone, style, and form as we craft pieces of personal memoir.

Instructor: Coral Anderson Location: Curry Campus 118 Cost: \$70 Days: Thur 9/25/25 - 11/6/25 Time: 1:30pm-3:20pm

## WR 0115 99 INTRODUCTION TO GRANT WRITING

This Introduction to Grant Writing course provides a basic understanding of grant writing and the foundations of project development. We will cover how to prepare your organization to apply for grants and identify local sponsors and small grants to consider. The course is open to all but geared toward smaller non-profits. Instructor: Alisa Green

Location: Curry Campus 109 Cost: \$75 Days: Sat 10/4/25 & 10/18/25 Time: 10:00am-12:50pm



## **Speaker Series**

Join us on the second Thursday of each month for a fascinating topic presented by a local expert.

> 1 to 2 pm **Curry Campus Community Room**

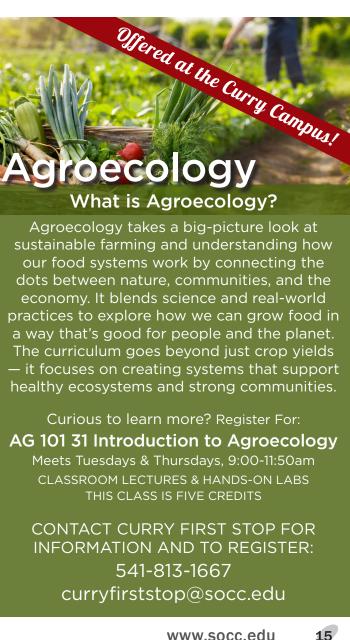
Talks are free and sponsored by the Friends of Curry Campus. Check the News Section of our website for future talks in the series. For more information contact the Curry Campus at 541-813-1667.



Nov. 13 Oregon State Parks in Curry County

Dec. 11 International Christmas Christmas Traditions





SOUTHWESTERN Oregon Community College 1988 Newmark Ave. Coos Bay, OR 97420

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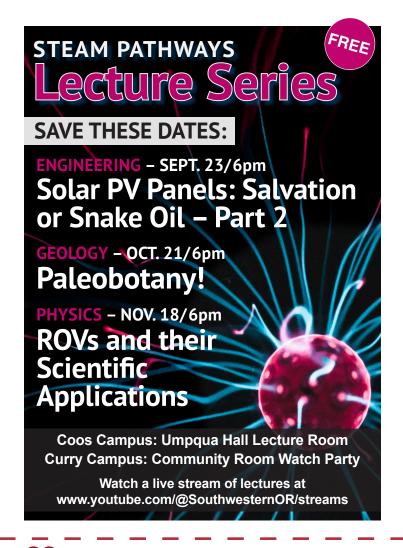
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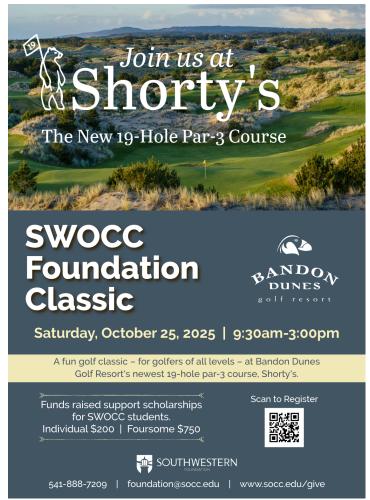
www.socc.edu ■ 541-888-2525

COOS CAMPUS

1988 Newmark Ave., Coos Bay, OR 97420

CURRY CAMPUS
96082 Lone Ranch Parkway, Brookings, OR 97415





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## Diesel Mechanic Scholarship challenge match! www.socc.edu/give

Cheyne's Truck and Marine LLC of Coos Bay is challenging businesses and individuals to support scholarships for students in SWOCC's new Diesel Mechanic Tech program. The business will match the first two \$1,500 scholarship donations for mechanic students training to serve our transportation, construction, and service industries. Tax-deductible donations help students pay for tuition and purchase equipment. Give online or send a check payable to SWOCC Foundation, 1988 Newmark Ave., Coos Bay, OR 97420.

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Information in this publication was believed to be correct at press time; however, information is subject to change without notice